

# Chapter 9

## Coaching Fleet Feet

**With Coaching You Leave Impressions**

Wilma Rudolph

Shot Put Roll

Jumping The Finish Line

Track Meets

Vienna Boys Choir

Herb S. & Swimming

22 Blanks

Power Bar

4Jun1994 (Diem Memoribilis)

Senior Olympics

Al Kayner, Gerald Guntsch & Larry Piper

The Parme Incident

Other Running Clubs

Running By The Numbers

The Day I Forgot Judy

1974 Fleet Feet Team

Heart Monitor

Notable Women:

Gloria Lockman

Hypatia

Sally Ride

Kathy Switzer

Ada Lovelace

Joan Benoit

Rosie Ruiz